

Cari Cotogno

7 Woodbridge Court • Mansfield, Texas 76063 • (817) 504 - 1229 • Cotogno@live.com

OBJECTIVE

To obtain a full time position in the areas of rehabilitation therapy, or exercise research

EDUCATION

Texas A&M University, College Station, Texas
Bachelor of Science in Kinesiology Jan 2008 - May 2010
Minor in Psychology
Self financed 50% of college education through scholarships, and employment

Blinn College, Bryan, Texas Sept 2006 - Sept 2007

SKILLS / CERTIFICATIONS

CPR / 1st Aid Certified
Proficient in variety of Physical Therapy modalities (Ultrasound, Electrical Stimulation, Hot/Cold Packs, TENS)
Knowledgeable in areas of exercise biomechanics, therapeutic principles, and medical terminology

RELEVANT EXPERIENCE

Peak Performance In Motion, College Station, Texas
Physical Therapy Technician May 2008 – Aug 2008

- Educated patients on each step of their therapy program
- Assisted patients with adjustment to rehabilitation
- Consult with patients in-depth regarding prescribed rehabilitation program
- Developed broader knowledge through observation of registered therapists

Paraplegic Patient, Mandy LaCombe, Bryan, Texas
Caretaker May 2008 – Aug 2008

- Administered daily medical assistance in areas of hygiene, wound care, dressing, etc.

LEADERSHIP

Institute Women's Association, College Station, Texas
Vice President Aug 2009 – May 2010

- Arranged weekly meetings and activities for B/CS University Ward members
- Planned lessons for members in the areas of service, sisterhood, scholarship, and spirituality
- Coordinated organization's special ceremonies

Family Home Evening, College Station, Texas
Group Coordinator Aug 2008 – May 2009

- Prepared weekly meetings for church members which included spiritual thoughts and activities

WORK EXPERIENCE

St. Thomas Aquinas Child Development Center, College Station, Texas
Co-Teacher June 2009 – May 2010

- Implemented program that met children's emotional, physical, and spiritual needs
- Assembled safe environment that is orderly, clean, and permit children to explore
- Retained good communication with staff, parents and children
- Exercised appropriate and positive discipline that is consistent with the philosophy of the program

Mr. Nathan and Sara McKinley, Bryan, Texas
Caretaker Feb 2008 – Feb 2009

- Responsible for welfare of four children - ages 4, 3, and twin 1 year olds
- Arranged activities to engage children in education and physical education

Tarrant County Community College, Arlington, Texas
Senior Office Assistant June 2007 – Aug 2007

- Variety of clerical duties to maintain business records and reports